

## Prayer Workshop:

**Tuesday, January 20, 2015**

Location: Community Center

6:30 – 7:00 p.m. Registration & Fellowship

7:00 – 9:00 p.m. Workshop & Door Prize

9:00 – 9:30 p.m. Fellowship, meet the speakers



The  
*sweetest time*  
of the day is . . .

*When you pray. Why?*  
*Because you're*  
*talking to the One*  
*who loves you*  
*the most!*



## “Quiet Prayer & Intercession”

*Discover the Transforming Power of Praying Scripture*

*We are busy ... we are rushed ... and the noise level that surrounds our interior life can be deafening. It's that time of year to make New Year resolutions and renew commitments that encourage our spiritual growth. Finding prayerful quiet moments for reflection, listening and intercession are vital for the journey and will transform lives.*

**If you have the desire to transform your prayer life and relationship with God**, you won't want to miss this interactive prayer workshop where you will **experience two ways** in which the **prayerful use of Holy Scripture** can transform lives ... the lives of those around us through daily Intercession and our own lives through the practice of Lectio Divina.

- We'll discuss healing prayer and what it means to “live an interceding life” and how incorporating scripture into our prayer has the power to transform the lives of those around us.
- We'll explore how “Quiet Prayer” (Lectio Divina) is vital to how we communicate with and draw closer to God and hear His voice.
- And we'll discuss how journaling with the *Sacred Intercession Prayer Journal* can help us discover our mission, spiritual gifts and ground us in alignment with the purposes and plans He has for our lives.

Led by Kathleen Hamel & Julie Rudnick, you'll leave this workshop encouraged and inspired to begin the New Year and your journey of faith with prayer!



Kathleen  
Hamel



Julie  
Rudnick

Kathleen & Julie have a passion for prayer and a passion to help others discover how living a life of prayer can lead to an enriched and joyful relationship with God. As co-leaders of an intercessory healing prayer ministry at St. Patrick Church in Wadsworth, IL, both are active in their community and Light of the World Evangelization efforts at their church.

Julie is also a first-time author and creator of the *Sacred Intercession Prayer Journal*, designed to make faith and prayer a tangible reality each day. Featured on Relevant Radio's “Morning Air Show”, Julie shares her passion for prayer in an effort to encourage others to become faithful to the discipline of daily prayer. Learn more at [www.sacredintercession.com](http://www.sacredintercession.com)

